Cath Lab Digest



CATH LAB ERGONOMICS

Removing Occupational Hazards for Healthcare Providers: The G-LIFT PRO

CLD talks with Matthew B. O'Steen, MD.

Can you tell us about your practice?

I am an interventional cardiologist with Coastal Cardiology, a private practice group in Charleston, South Carolina. We are mainly affiliated with Roper St. Francis Healthcare. Our group has 10 cardiologists and 8 physician assistants, with a fairly busy practice. I do coronary work, some peripherals, Watchman (Boston Scientific) procedures, MitraClip (Abbott Vascular) procedures, and chronic total occlusion revascularization, so sometimes I am doing longer cases.

Can you tell us about the G-LIFT PRO system?

continued on page 18

In This Issue

XXX

Morton J. Kern, MD

In a the quality of the leadership.

page 6

CASE REPORT

A product, news & clinical update for the cardiac catheterization laboratory specialist

Re-Defining Balloon Uncrossable

Yasin Hussain, MD; Samit Shah, MD, PhD, FACC, FSCAI

Background

Complex coronary interventions for calcified lesions or critical stenoses often require atherectomy for plaque modification to allow delivery of standard balloon catheters. However, the risk of atherectomy can be high in aorto-ostial lesions, tortuous or small caliber vessels, or hemodynamically unstable patients. The Takeru PTCA Balloon Dilation Catheter, (Terumo Interventional Systems), is a new alternative



to address lesions that had historically been considered "balloon uncrossable." Available in semi-compliant, non-compliant, and over-the-wire options with diameters from 1.5 to 4.0 mm, the Takeru balloon has a smaller crossing profile and tighter re-wrap than many other balloons on the market. As a result, our catheterization laboratory has transitioned to using the Takeru balloon as our first-line angioplasty balloon.

continued on page 10

XXXX

Axxxx

XXXX

XXXXX

Continued from cover

Re-Defining Balloon Uncrossable

Yasin Hussain, MD; Samit Shah, MD, PhD, FACC, FSCAI

Clinical Case

A 77-year-old man with hypertension, hyper-lipidemia, diabetes mellitus, and chronic kidney disease stage 3 presented to our hospital with progressive angina. He underwent stress testing that showed an area of inferior ischemia as well as transient ischemic dilatation concerning for multivessel coronary artery disease. Diagnostic coronary angiography showed severe calcific disease of the left anterior descending artery (LAD), a diffusely diseased left circumflex (LCx), and a critical ostial stenosis of the right coronary artery (RCA) (Figure 1A-C). The patient was evaluated for coronary artery bypass graft surgery but determined

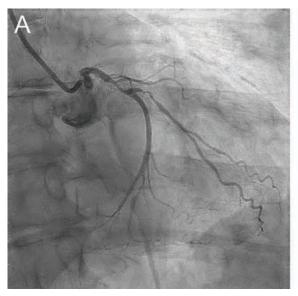
to be at prohibitive risk for open heart surgery. We proceeded with planned multivessel percutaneous coronary intervention in staged sessions due to the patient's underlying kidney disease.

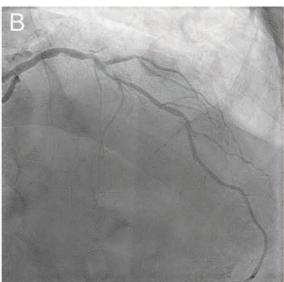
Procedure

We proceeded with intervention to the RCA via right radial access using a 6 French (Fr) Terumo Glidesheath. Due to the critical ostial stenosis, a Terumo Runthrough wire was loaded in a 6 Fr Judkins right (JR)4 guide. There was severe pressure dampening on guide engagement and the wire was quickly advanced into the distal RCA. We attempted to deliver 2.5 and 2.0 mm Takeru semi-compliant

IVUS showed well-expanded and well-apposed stents without evidence of dissection (Figure 3B), and the ostial RCA minimal stent area was 10mm². The entire intervention was performed with only 65 mL of contrast dye.

balloons, but the balloons would not cross the proximal RCA stenoses. We then used a 1.5 mm Takeru semi-compliant balloon and dilated the ostial and proximal RCA, followed by 2.0 and 2.5 mm noncompliant balloons at 14 atmospheres (atm)





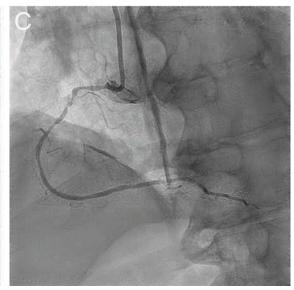


Figure 1. Diagnostic coronary angiography demonstrated severe multi-vessel coronary artery disease, including severe calcified disease of the left anterior descending (LAD) coronary artery (A), diffuse disease of the left circumflex (LCx) artery (B), and critical stenosis of the ostial and proximal right coronary (RCA) (C).

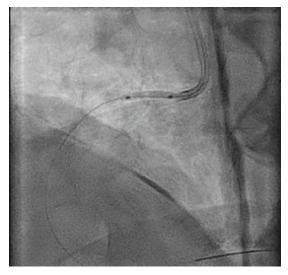
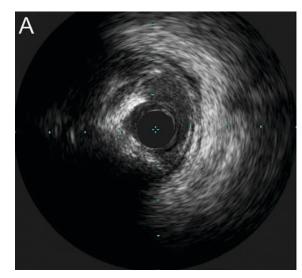


Figure 2. After dilating the proximal RCA with a Takeru 1.5 mm x 15 mm semi-compliant balloon (Terumo), the vessel was further dilated with 2.0 mm x 15 mm and 2.5 mm x 15 mm noncompliant balloons.



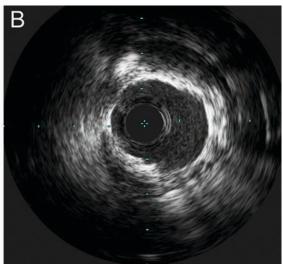


Figure 3. Intravascular ultrasound demonstrated severe disease of the proximal RCA with deep calcification (A). After further vessel preparation with a cutting balloon, stents were deployed and post dilated, yielding excellent expansion (B).

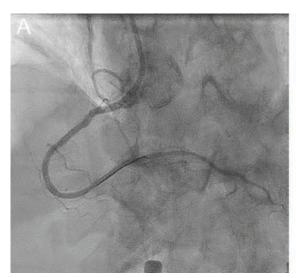




Figure 4. There was an excellent angiographic result in the RCA (A) and the patient returned for staged intervention with rotational atherectomy and intravascular lithotripsy (Shockwave Medical) to the LAD (B).

(Figure 2). The ostial lesion was further dilated with a 2.5 x 10 mm Wolverine cutting balloon (Boston Scientific) at 8 atm. Intravascular ultrasound (IVUS) was performed with a Refinity catheter (Philips) (Figure 3A), and using a 6 Fr Guideliner (Teleflex), 2.5 mm x 38 mm and 2.5 mm x 22 mm Onyx Frontier drug-eluting stents (Medtronic)

were deployed from the ostium to the mid RCA at 12 atm. The stents were post dilated with 3.0 and 3.5 mm Takeru noncompliant balloons at 18 atm. There was an excellent angiographic result with no residual stenosis (Figure 4A). IVUS showed well-expanded and well-apposed stents without evidence of dissection (Figure 3B), and the ostial

PM-06537

RCA minimal stent area was 10mm². The entire intervention was performed with only 65 mL of contrast dye. The patient was maintained on dual antiplatelet therapy with aspirin 81 mg and clopidogrel 75 mg daily. The patient returned for staged intervention to the LAD with rotational atherectomy and intravascular lithotripsy (Shockwave Medical) (Figure 4B). ■

This case is supported by Terumo Interventional Systems.

Yasin Hussain, MD

Interventional Cardiology Fellow, Yale School of Medicine, Yale New Haven Hospital, New Haven, Connecticut

Samit Shah, MD, PhD, FACC, FSCAI

Director, VA Connecticut Cardiac Catheterization Laboratory, Assistant Professor of Medicine, Section of Cardiovascular Medicine, Yale School of Medicine, New Haven, Connecticut



Dr. Hussain can be contacted at yasin.hussain@yale.edu and Dr. Shah can be contacted at samit.shah@yale.edu